

# Elemental Wheel of Life

## North – Winter Solstice - Element of the Earth

Realm of the Physical, Sensation & Manifestation

Earth Signs: Taurus, Virgo, & Capricorn

Grounded, Practical, Judgemental, Disciplined & Focused

**North Energy:** RESTING, Dormant, Grounding, Quietude, Rejuvenation, Peace, Meditation, Wisdom, Knowledge, Prosperity, Fertility & Expertise.

Tarot: Pentacles / Body / Physical World

Animals: Buffalo, Deer, Groundhog, Worm & Ant

Symbols: Flowers, Herbs, Grains, Stones & Money

Time of Day: Midnight

## East: - Spring Equinox - Element of the Air

Realm of the Mind, Thought & Insight

Air Signs: Gemini, Libra, & Aquarius

Intellectual, Communicative, Analytical, Entertaining, Curious, & Independent

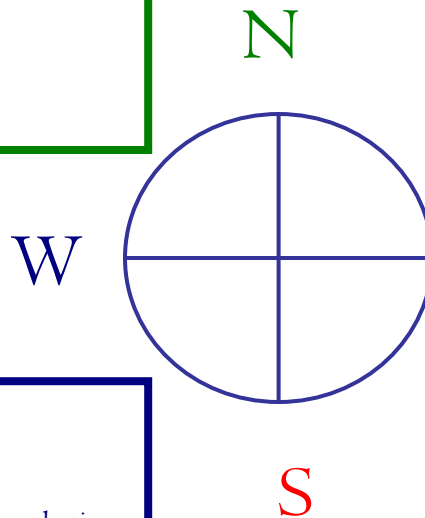
**East Energy:** BEING, Plant, Seed/Sprout, Creativity, Change, Learning, Freedom, Transitions, Travel, Youth, New Beginnings & Playfulness.

Tarot: Swords / Mind / Intellect

Animals: Birds, Eagles & Hawks

Symbols: Feathers, Smoke of Incense, Crystals

Time of Day: Dawn & morning



## West: - Autumn Equinox - Element of Water

Realm of the Emotions, Experiencing & Expression

Water Signs: Cancer, Scorpio & Pisces

Nurturing, Penetrating, Introspective, Emotional, Empathetic, Intuitive and Creative.

**West Energy:** HAVING, Fruit, Harvest, Acceptance, Service, Nurturance, Support, Healing, Love, Relationships, Gratitude, and Release.

Tarot: Cups / Emotions

Animals: Fish, Seagulls, Bears, Dolphin, & Cranes

Symbols: Water, Chalice, Bowl, Seashells & Mist

Time of Day: Dusk and Evening

## South – Summer Solstice - Element of Fire

Realm of the Energy, Inspiration & Action

Fire Signs: Aries, Leo, & Sagittarius

Passionate, Creative, and Authoritative

**South Energy:** DOING, Growth, Work, Power, Goals, Accomplishment, Leadership, Empowerment, Organization, Courage, Strength & Results.

Tarot: Wands / Energy

Animals: Dragon, Tiger, Lion, Lizard, Scorpion & Bugs

Symbols: Candles, fire

Time of Day: Noon and Mid-day